

MENTAL HEALTH SUPPORT CONTACTS

Contents

Chaplaincy Services.....	2
Anglicare	2
Chaplaincy Australia.....	2
Presentation Sisters Rural Outreach Service	2
The Salvation Army	2
Uniting Church	2
Government Services	3
Centrelink.....	3
Industry & Investment NSW – Rural Support Workers.....	3
Workcover NSW	3
Depression Related Services	3
beyondblue	3
Black Dog Institute	3
Lifeline.....	3
Rural Mental Health Support Line	3
Suicide Safety Network	3
Wesley Counselling/LifeForce.....	4
Counselling Services.....	4
Counsellors and Psychotherapists Association of NSW	4
Centacare - Wagga Wagga, Rural Family Support Services	4
General Practice and Nursing Services	4
General Practice NSW	4
Divisions of General Practice with Community Support Workers	4
NSW Nurses’ Association	5
Royal Flying Doctor Service.....	5
Community Services	6
Country Women’s Association of NSW	6
Farm-Link	6
YWCA NSW.....	6
Natural Disaster Assistance.....	6

Flood Claims Hotline	6
Public Information Inquiry Centre (current flood information).....	6
State Emergency Service.....	6

Chaplaincy Services

Anglicare

Doug Philpott – Manager, Emergence Services

Ph: (02) 9895 8000

Chaplaincy Australia

Rev. Ron Westbrook

Ph: 0448 040374

Email: ronwesty1@bigpond.com

Area: Riverina

Presentation Sisters Rural Outreach Service

Ann McRae

Ph: 0428 388 044

Email: pbvmrural@dragnet.com.au

Area: Riverina and Southwest Slopes

Bernadette Pattison

Ph: 0427 800 189

Email: psrural2@dragnet.com.au

Area: Riverina and Southwest Slopes

The Salvation Army

Pam Wilkes – Territorial Consultant, Rural Support Services

Ph: 0411 120 701

Rural Chaplains:	Far West NSW	Envoys Lloyd and Vicki Graham Mob: 0437 965 587	based in Bourke
	North West NSW	Majors Peter and Jean Ridley Mob: 0428 639 437	based in Moree
	Central West NSW	Majors Bob and Estelle Strong Mob: 0411 235 965	based in Dubbo
	South West NSW	Les and Noelene Barrass Mob: 0427 720 071	based in West Wyalong

Uniting Church

Julie Grieg – Rural Chaplain

Ph: 0429 344 456

Email: julieg@nsw.uca.org.au

Kel Hodge

Ph: 0429 634 416

Email: kelhodge@bigpond.net.au

Government Services

Centrelink

Rural Call Centre (including counsellor access) & Drought Assistance Number

Ph: 13 23 16

Industry & Investment NSW – Rural Support Workers

Jenny Croft

Ph: 0429 446 417

Area: GUNNEDAH

Jan Bruce

Ph: 0427 257 191

Area: PARKES

Carolyn Long

Ph: 0428 296 332

AREA: SCONE

Dick Kearins

Ph: 0427 781 514

Area: GOULBURN

Danny Byrnes

Ph: 0428 973 141

Area: HAY

Don Burrows

Ph: 0427 324 033

Area: COWORA

Pip Brown

Ph: 0429 396 697

Area: DUBBO

Lou Revelant

Ph: 0419 167 668

Area: GRIFFITH

Workcover NSW

Colin Wall

Email: Colin.Wall@workcover.nsw.gov.au

Depression Related Services

beyondblue

The *beyondblue* info line provides access to information and referrals to relevant services for depression and anxiety related matters.

Ph: 1300 22 4636

Black Dog Institute

The Black Dog Institute is a not-for-profit, educational, research, clinical and community-oriented facility offering specialist expertise in depression and bipolar disorder.

Depression Clinic **Ph: (02) 9382 2991**

Bipolar Disorders Clinic **Ph: (02) 9382 2991**

Perinatal Clinic **Ph: (02) 9382 6665**

Lifeline

Lifeline provides access to crisis support, suicide prevention and mental health support services.

Ph: 13 11 14

Rural Mental Health Support Line

The rural mental health support line is staffed by trained mental health personnel, who provide advice for people seeking mental health assistance for themselves, and assistance, advice and support for people who feel concerned for the mental health and wellbeing of people with whom they have contact.

Ph: 1800 201 123

Suicide Safety Network

Chaplain Eric Trezise – President Suicide Safety Network

Ph: 0429 436 311

Area: Central Coast

Wesley Counselling/LifeForce

Tony Cassidy
Ph: 0408 211 750

Counselling Services

Counsellors and Psychotherapists Association of NSW

Phil Hough – Chair of CAPA NSW Regional and Rural Committee
Ph: (02) 9235 1500
Email: office@capa.asn.au

Centacare - Wagga Wagga, Rural Family Support Services

Anne McRae
Ph: 0428 388 044
Area: Riverina & Southwest Slopes

Karen Kime
Ph: (02) 6923 3829
Area: Tumbarumba (& Gundagai Exceptional Circumstances Area)

Chris Ryan-Chapple
Ph: (02) 6923 3815
Mobile: 0408 558 282
Area: Gundagai (& Gundagai Exceptional Circumstances Area)

Lori Enbom
Mobile: 0428 860 865
Area: Southern Riverina

Peter Hanson
Ph: (03) 5883 4870
Mobile: 0417 230 998
Area: Central Murray

Keith Edwards
Ph: (02) 6051 0222
Mobile: 0429 128 822
Area: Lockhart/Henty & Upper Murray

General Practice and Nursing Services

General Practice NSW

Jane Westley – Team Leader, Mental Health and Drug & Alcohol
Ph: 0419 843 086

Divisions of General Practice with Community Support Workers

Barrier Division of General Practice – Broken Hill
Ph: 08 6923 311

Barwon Division of General Practice – Moree

Ph: 02 6752 7196

Dubbo Plains Division of General Practice – Dubbo

Ph: 02 6884 0197

Hunter Rural Division of General Practice – East Maitland

Ph: 02 4933 3824

Murumbidgee Division of General Practice – Leeton

Ph: 02 6953 6454

New England Division of General Practice – Armidale

Ph: 02 6771 1146

North West Slopes Division of General Practice - Tamworth

Ph: 026766 1394

Central West Division of General Practice – Bathurst

PH: 02 6332 6646

Outback Division of General Practice – Bourke

Ph: 02 6872 4777

Riverina Division of General Practice – Wagga Wagga

Ph: 02 6872 4777

Southern Division of General Practice – Mourya

Ph: 02 4474 5100

Murray Plains Division of General Practice – Echuca

Ph: 03 5456 4086

Border Division of General Practice – Wodonga

Ph: 02 6049 1900

Mallee Health Care Network – Mildura

Ph: 03 5023 8633

NSW Nurses' Association

Marc Hopkins – Professional Officer (Mental Health)

Ph: 0437 990 146

Royal Flying Doctor Service

Denise Perkins - Psychologist

Melissa McInnes - Mental Health Professional

Rusty Stoddart - Mental Health Project Officer

Matt Bolte, Mental Health Project Officer

Ph: (08) 8080 377

After hours please contact the Greater Western Area Health Service 24 hour mental health helpline on
1800 665 066

Community Services

Country Women's Association of NSW

Robyn Wright – Vice President

Ph: 0419 395 090

Farm-Link

Farm-Link provides assistance to farmers in relation to mental health issues, and can assist farmers to access appropriate services where necessary. Farm-Link can provide training and information to agricultural professionals, and others working with farmers, in relation to mental health problems, and also what help may be available for their clients. Farm-Link works throughout the Northern New England Region, including the Narrabri, Moree, Inverell and Armidale areas.

Meg Perceval

Farm-Link

Mobile: 0427 072 105

Email: Meg.Perceval@newcastle.edu.au

Emma Waters

Farm-Link

Mobile : 0417 615379

Email: Emma.Waters@newcastle.edu.au

YWCA NSW

Genevieve Marchiori – Program Coordinator

Ph: 0438 148 044

Area: Tamworth

Natural Disaster Assistance

Flood Claims Hotline

Ph: 1800 337 444

Email: gidisaster@fos.org.au

Public Information Inquiry Centre (current flood information)

Ph: 1800 227 228

State Emergency Service

Ph: 132 500

Ph (General Enquiries): (02) 4251 6111

Website: <http://www.ses.nsw.gov.au/site/contacts.html>